



YOU, supported

When you want 24/7 access

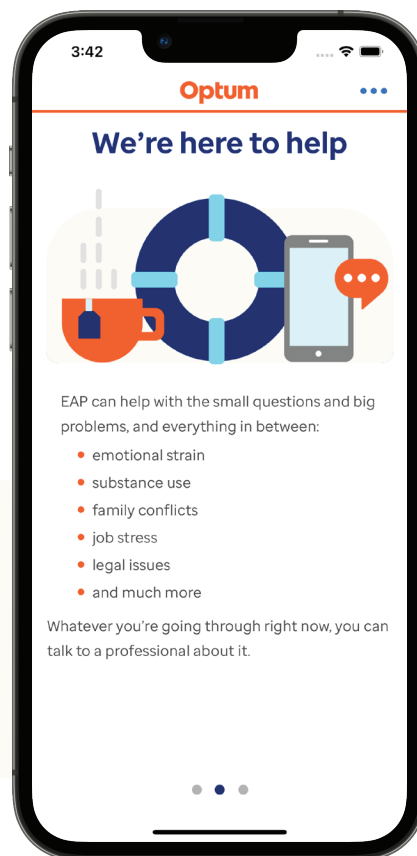


Life happens 24/7, and with the Optum Assist app, support is available for every moment. Use it to:

- Learn about your Employee Assistance Program (EAP)
- Talk or chat with an EAP specialist
- Get 5 no-cost counseling sessions per issue, per year
- Find a provider and schedule an appointment
- Access videos and articles about anxiety, caregiving, parenting, relationships, depression and more

Download Optum Assist today.

To see your personalized benefits, log in with your HealthSafe ID. To browse as a guest, use access code: CSEBO.



Optum is a registered trademark of Optum, Inc. in the U.S. and other jurisdictions. All other brand or product names are the property of their respective owners. Because we are continuously improving our products and services, Optum reserves the right to change specifications without prior notice. Optum is an equal opportunity employer.

© 2022 Optum, Inc. All rights reserved. WF7076729 218552-032022