



2019

Ventura High School Cougar Country

2020



Bulletin for November 15

SENIORS: If you have not taken your picture for year book, lifetouch will be in the Auditorium Foyer Monday, November 18 from 9 – 12pm only. * Only come if you have not taken your senior portrait.

VHS Drama presents “Anatomy of Gray”
This dramatic play with comedic elements runs this weekend and next- Thursday – Saturday at 7:00pm in the little theater. One matinee this Sunday at 2:00pm. \$5 for students; \$7 for adults.

Bannerbold: Unleash the inner writer/ artist in you to submit to Banner Bold! It’s a fun, safe space to just be yourself! Submit @ www.bannerbold.org

Thanksgiving Baskets- Teen Voice will be collecting boxes of stuffing and cans of cranberry sauce. Bring your donations to Ms. Frias in the guidance center by today, November 15.

The annual Coats for Kids Project is happening now until December 20th. The need for new and used coats for citizens of our community continues to be critical. A collection box is located outside the College & Career Center (room 106). Interact Club greatly appreciates your wonderful support of this project!

Upcoming events:

- November 16- Saturday school, 8:00 am
- November 22 - Blood Drive, 7:30 – 2:30, Main st gym
- November 27- 29- No school, Thanksgiving/ Board holiday

C.O.U.G.A.R.

U= Understanding

Community builders



Monday

Take time to get to know the people around you, especially those you struggle with

Tuesday

Seek to understand, not just to be understood

Wednesday

If you are unclear about what someone expects, ask for clarification

Thursday

Keep an open mind- understanding begins with being open to different points of view

Friday

Put yourself in the other person’s shoes and articulate their points

Career Center

Stepping into the Right Direction Black College Fair is scheduled for Sunday, December 15th at the Long Beach Convention Center. Students will have an opportunity to attend workshops, forums, and learn about incredible Historically Black Colleges & Universities (HBCU). Register for this free event at <https://www.eventbrite.com/e/stepping-in-the-right-direction-black-college-fair-2019-tickets-75083459649>.

The Rotary Youth Leadership Academy (RYLA) at Camp Ramah will be April 23-26th. This is a free opportunity to gain valuable leadership skills! Applications are available in the College & Career Center. The deadline to apply is November 20th.

Scholarships

Sunrise and East Ventura Optimist Essay Contest – Deadline December 17, 2019.

Open to all high school students, under the age of 19. Earn the opportunity to win college scholarships from \$300 to \$2,500.

Write an 700-800 word essay on “ Is Optimism the Key to Achieving the Dreams you Imagine?”

Applications In the Career Center Computer Lab.