



COUGAR COUNTRY

Two North Catalina Street
Ventura, CA 93001



Bulletin for September 22nd, 2017

STUDENTS

Friday's Lunch Menu

Mac and Cheese with Crispy
Shrimp
Spicy Chicken Sandwich
Peanut Butter and Jelly Sandwich
Cheeseburger
Tuna Salad Hoagie
Chicken Caesar Salad with Dinner
Roll

Pepperoni
Pizza, Buffalo Chicken
Dark Greens Lettuce Mix
Carrot Sticks
Green Beans, Canned, Corn
Edamame
Polka Dot Tots

Jalapeno Lime Coleslaw
Seasoned Potato wedges
Dill Pickle Chips
100% Juice Varieties
Fresh Grapes
Fruit Cocktail
Milk

STUDENTS- Reduced lunch applications for this school year need to be renewed. Last year's application expires at the end of the month and you will be charged and expected to pay for meals until your new application has been approved.

LETTERMAN JACKET ORDERING- There will be a sizing/ordering day Tuesday October 3rd in the student store. See Mrs. Ceja in the student store to sign up.

SENIORS- Please submit your Senior quote via goo.gl/jR42d6. The due date is October 18, 2017, your Senior portraits are also due October 18th, 2017. Baby ads are due by November 15, 2017, link is on VHS website. **SELLERS**

STUDENTS: The VHS library is OPEN on Thursdays until 5:30 pm! This is an excellent time to bring friends and meet as a study group, work on research or type that big paper. Everyone is welcome. **ADAMICH**

STUDENTS, do you have textbook or library obligations? If you do, you will receive an email obligation notice every Friday. Check your 'venturaedu' email regularly. Students may be waiting for the book you did not return. Clear your obligations as soon as possible by returning any overdue books or paying for a replacement book. **ADAMICH**

CAREER CENTER HAPPENINGS

STUDENTS: In recognition of *High School Voter Education Weeks* (September 17th to 28th) a table will be set up during lunch on Monday, September 25th, to assist with voter registration (18 or older) and pre-registration (for students ages 16-17). Elections are one of the most important parts of a democracy. They give you the opportunity to choose laws and government leaders! My Voice. My Choice. My Vote.

UPCOMING VISITS- Monday (9/25) – University of Maryland (period 2), Biola University (period 3), and California Baptist University (period 4).

Tuesday (9/26) – Point Loma Nazarene University (period 2), University of Hawaii @ Mano (period 3), Northwest Christian University (period 6) and Occidental College (period 7).

Wednesday (9/27) – Whittier College (period 6).

Friday (9/29) – Willamette University (period 6) and Seattle Pacific University (period 7).

STUDENT VOLUNTEER OPPORTUNITY: The Middle School Youth Center (at the First United Methodist Church next to Cabrillo Middle School) is looking for volunteers to assist with their after school program. The center is open M-F from 3:00 to 5:15 pm. Volunteers can serve one day or multiple days a week. See Mrs. Roberts in the career center for more info. **ROBERTS**

STAFF AND STUDENTS

BLACK AND GOLD- Show your school spirit by wearing black and gold every Friday. Go cougars!

CLUBS

GSA's first meeting is this Friday at lunch in room 124. Current plans are to meet every Friday at lunch in room 124.

HEAL THE BEACH CLUB meeting Friday at lunch in room 63. All are welcome. **MAXWELL**

YOUR HELP IS NEEDED: In efforts to help the survivors of Hurricane Harvey, Key Club will be collecting donations on September 26th and 27th, simply a two day drive. If every student at VHS gave one dollar and every faculty/ staff member gave \$5, we could raise over \$3000 for the victims in Texas and Florida. **SCOVELL**

SPORTS

Nothing to report.

STAFF

Nothing to report.

FIELD TRIP/EXCURSION INFORMATION

DATE	TIME	TEACHER/ CORDINATOR	PROGRAM CLASS	DESTINATION	# OF STUDENTS
9/23	6:00am-6:00pm	M. Miller	Model UN	Santa Margarita Catholic High School	10