

Meet Ms. Reyes

This is my first year at Will Rogers Elementary School. I am looking forward to meeting you all!

I am bilingual, have a Master's degree in Counseling with a College Counseling and Student Services Specialization from University of San Diego and a PPS credential from CLU.

My previous work experience includes working as a dance teacher, paraprofessional Bilingual Instructional Assistant, and as a School Outreach Coordinator Assistant for Conejo Valley Unified School District.

I will be visiting classrooms, facilitating several small groups throughout the year to help selected students with specific needs based on teachers and parents feedback

** Parental permission is required for group participation*

Paola Reyes

Bilingual School Counselor

Contact Information

Phone: 805-641-5496 ext. 1026

Email: Paola.Reyes@venturausd.org

Hours:

Tuesdays/Thursdays: 8am-3pm

Fridays: 12:00-3:00pm



Helpful sites to help your student succeed:

Kids Health:

<http://kidshealth.org/>

Empowering Parents:

<http://www.empoweringparents.com/>

Separation Anxiety:

<http://www.helpguide.org/articles/anxiety/separation-anxiety-in-children.htm>

California Department of Education:

<http://www.cde.ca.gov/ls/pf/pf/>

Association of School Counselor's Parent Resources

<http://www.schoolcounselor.org/magazine/category/for-parents>

Internet Safety:

http://kidshealth.org/parent/positive/family/net_safety.html

Violence Prevention:

<http://www.ncpc.org/topics/by-audience/parents>

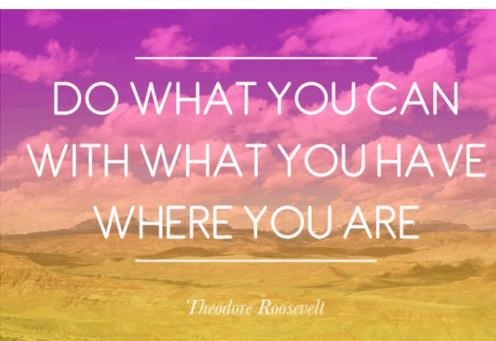
Lesson One:

<http://www.lessonone.org/>



**KEEP
CALM
AND SEE YOUR
SCHOOL
COUNSELOR**

Will Rogers Elementary Counseling



WILL ROGERS
TWO-WAY IMMERSION
SCHOOL OF ENVIRONMENTAL SCIENCE



Lesson One:

Lesson One is a school wide curriculum implemented to teach students transferrable skills that would help them succeed in school and in life.

Students learn methods, ideas and skills to focus, and manage self-control so they can live healthier successful lives.

PLEDGE FOR SUCCESS:

1. I will listen to what others have to say.
2. I will treat others the way I want to be treated.
3. I will respect the diversity of all people
4. I will remember that I have people who about me in my family, school, community.
5. I will try my best.

“Through stories, activities, lessons and practical advice..Lesson One: The ABCs of Life helps adults to help children develop tolerance, listening skills, appreciation for diversity, problem-solving, cooperation, and self-confidence. —Tom Payzant, Professor of Practice, Harvard Graduate School of Education



Services Provided

For teachers:

Collaboration to provide additional support in personal, academic/career and Social/emotional development.

For students:

Facilitate self-control
Classrooms presentations
Group counseling
Individual counseling (Managing stress, worry, anger, adjusting to school, study skills, etc.)
Setting goals
Organizations/study skills
Peer pressure/bullying

For parents:

Referral to community resources
Improving parent-child communication
Parent consultation
Understanding the developmental changes of childhood



Get involved in your student’s education. Participate in school events by volunteering in the classroom or at any of the school events.

Balance your child’s schedule. Having a balanced day of healthy diet, physical activity, structured time for homework, free-play and consistent bedtime routine will help your student focus and succeed in school.

Keep open communication with teachers and your school counselor. Share any concerns or life changes that might interfere in your Child’s learning process. Collaborate and work as a team to make your students’ learning experience successful and positive.

Develop a meaningful/positive relationship and communication with your student. Ask your student how their day went. Acknowledge the students’ concern and try to work together on problem-solving the situation. Focus on the positive aspects of school to keep your child motivated to come to school prepared to learn.

